

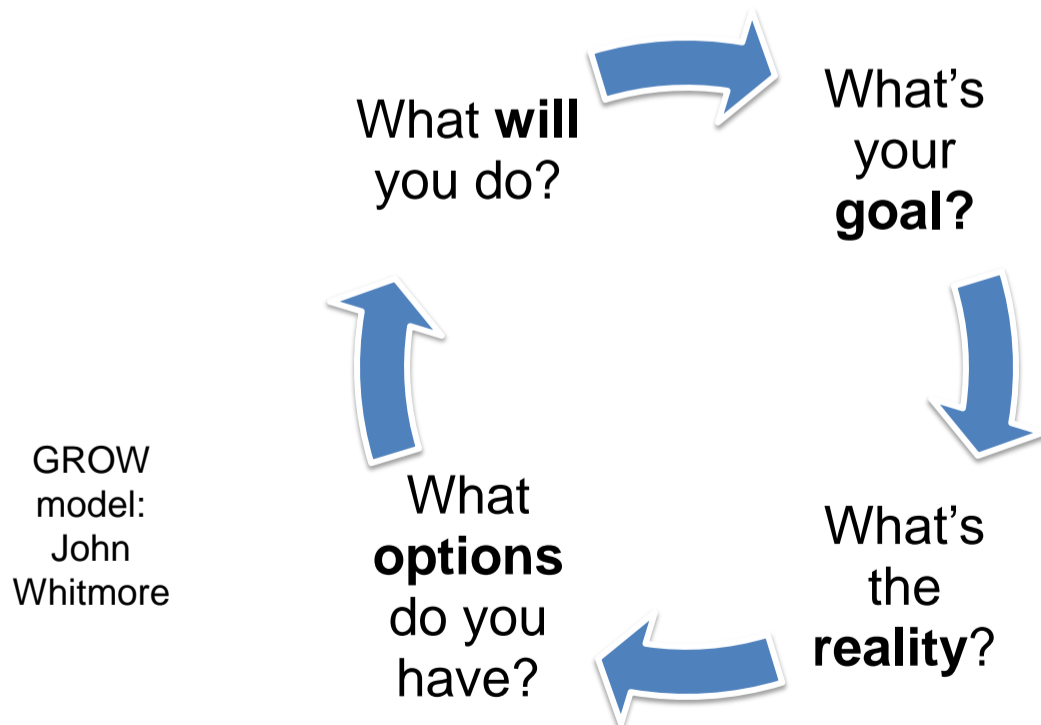
A suggested model (you can adapt or develop your own):

- Agree regular peer-to-peer discussion times
- Split the time roughly in two
- Take turns to act as mentor to one another, discussing a challenge relevant to mentoring practice
- Use the GROW model to give shape and purpose to the discussions



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The GROW model



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